



TAVUA COLLEGE

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Dear Parents/Guardians

Greetings to you all!

Tavua College wishes to bring to your attention an **outbreak of Typhoid and Leptospirosis** in Fiji. Leptospirosis is a bacterial disease that affects humans and animals and typhoid is caused by poor sanitation.

It is highly advisable to **seek medical attention if symptoms prevail**. Symptoms include fever, headache, chills, muscle aches, vomiting, jaundice (yellow eyes and skin), red eyes, stomach pain, diarrhoea, and rarely, a rash, constipation and loss of appetite. Without appropriate antibiotic treatment, it can become fatal.

We urge all to follow these sanitation and hygienic practices to keep your family safe:

- (i) Always **wear protective clothing and protective footwear** around animals and agricultural areas;
- (ii) Do not swim in contaminated waters;
- (iii) **Store food safely** and away from animals;
- (iv) Keep your outside home environment clean at all times; and
- (v) Regularly **wash hands** with soap and water before and after contact with animals and food.

Thank You.

Tavua College Administration.