



WEEKLY HOME STUDY PACKAGE - WEEK 2 (12/07/21 – 16/07/21)

Subject	HOME - ECONOMICS	Year/Level	13
Strand	13.1 – Home - management		
Sub-strand	HEC 13.1.1The Family		
Content Learning Outcome	Demonstrate the importance of having senior citizens or the aged in families and the community services available to them.		

YEAR 13 HOME – ECONOMICS SOLUTIONS

ACTIVITY/ QUESTIONS

- Using your knowledge on the types of needs, identify the options A, B, C and D that represent the following types of need of elderly? **(2 marks)**
 - Physical Need: **A, B**
 - Social need : **C**
 - Psychological need: **D**
- List **two** characteristics of aged persons. **(2 marks)**
 - **poor eyesight**
 - **Lessened hearing**
 - **reduced ability to think.**
 - **Loss of teeth**
 - **Grey hair**
 - **Loss of neuromuscular coordination.**
 - **Impaired hearing.**
- List **two** problems associated with old age. **(2 marks)**
 - **Slower movement**
 - **Difficulty in eating due to loss of teeth.**
 - **Loneliness**
 - **Anxiety and depression.**
- What is a *therapeutic diet* and give an example? **(2 marks)**

A therapeutic diet (a modification of a regular diet), which is a recommended meal plan that controls the intake of certain foods or nutrients. It is part of the treatment of a medical condition and usually prescribed by a doctor and planned by a dietician. E.g Therapeutic diet for Anaemic people will include foods rich in Iron.

5. Differentiate between :

i. **Parenting Practice and Parenting Style?**

(2 marks)

PARENTING PRACTICES are specific behaviours that parents use to socialize their children whereas PARENTING STYLE is the emotional climate in which parents raise their children.

ii. **Generation conflict and Generation gap?**

(2 marks)

GENERATION CONFLICT involves difference in values, priority and the lifestyle of an individual or individuals whereas GENERATION GAP is a lack of communication between one generation and another e.g. between young people and their parents or grandparents.